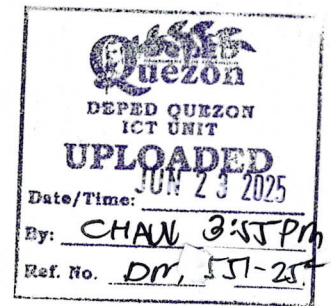




Republic of the Philippines  
**Department of Education**  
Region IV-A  
SCHOOLS DIVISION OF QUEZON PROVINCE



19 June 2025

**DIVISION MEMORANDUM**  
DM No. 551 s. 2025

**ORIENTATION ON BIDA KA KABATAANG QUEZONIAN (LECTURE SERIES):  
ADOLESCENT HEALTH ISSUES AND PERSPECTIVES (AHIP) 2025**

TO: OIC-Assistant Schools Division Superintendents  
Division Chiefs  
Public Schools District Supervisors  
Elementary & Secondary School Heads  
School Health Personnel  
All Others Concerned

1. The Philippine Obstetrical and Gynecological Society (POGS)-Southern Tagalog Chapter-Quezon in partnership with the Adolescent Health and Development Program of Integrated Provincial Health Office will conduct an Orientation on Bida Ka Kabataang Quezonian (Lecture Series): **Orientation on Adolescent Health Issues and Perspectives (AHIP)** in the Department of Education-Division of Quezon.
2. The AHIP is a subcommittee of POGS Reproductive Health that aims to reach out to the Filipino Youth through a series of lecture prototype conferences and other forms of information education and communication materials on topics such as reproductive health, menstruation, adolescent brain and physiology, mental health issues, psychosocial relationships and behavior among adolescents.
3. A total of 120 participants are expected to participate in the face-to-face lecture while 50 participants are requested to join via Zoom, comprising learners, teachers, parents, and school nurses from elementary and secondary schools.
4. The attendance of participants in the said activity shall be strictly monitored by the ARH School Coordinators and school nurses in coordination with their respective school heads.
5. Please see the Enclosure for the list of participating schools and their respective schedules.

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6. For queries, please contact Ms. Princess Leni May M. Rejano (Division ARH Focal Person) at 09095085476 or email at [princesslenimay.rejano@deped.gov.ph](mailto:princesslenimay.rejano@deped.gov.ph).
7. Immediate and wide dissemination of this Memorandum is desired.

**ROMMEL C. BAUTISTA, CESO V**  
Schools Division Superintendent

**JOEPI F. FALQUEZA**  
Assistant Schools Division  
Superintendent

shsplmpr06/19/2025

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Enclosure No. 1 to DM 551 s. 2025

**SCHEDULE OF ORIENTATION ON AHIP PER SCHOOL**

**FACE-TO-FACE**

Municipality	ELEMENTARY (G4-G6) & SECONDARY (G7-G12)		
	School	Number of Participants	Date
San Antonio	BATCH 1: San Antonio Central Elementary School	120	July 3, 2025
	BATCH 2: San Antonio National High School	120	July 4, 2025
Lucban	BATCH 3: Paaralang Elementarya ng Lucban II - PEL 2	120	July 10, 2025
	BATCH 4: Paaralang Sekundarya ng Lucban Integrated School	120	July 11, 2025

**ONLINE**

Municipality	ELEMENTARY (G4-G6)		
	School	Number of Participants	Date
General Luna	BATCH 5: San Isidro Elementary School	50 50	July 25, 2025
Mulanay II	BATCH 6: Mulanay Central Elementary School	50	
Gumaca West District	BATCH 7: Gumaca West Central Elementary School	50	
Atimonan I	BATCH 8: Atimonan Central Elementary School	50	

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SECONDARY (G7-G12)			
Macalelon	BATCH 9: Olongtao National High School	50	August 7, 2025
Mauban South	BATCH 10: Dr. Maria D. Pastrana National High School	50	
Plaridel	BATCH 11: Concepcion National High School	50	
Quezon	BATCH 12: Cesar C. Tan Memorial National High School	50	

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Republic of the Philippines  
Province of Quezon  
**PROVINCIAL HEALTH OFFICE**

28 January 2025

**ROMMEL C. BAUTISTA, CESO V**  
Schools Division Superintendent  
Office of the Schools Division Superintendent

Dear **Mr. Bautista**:

Greetings!

The Provincial Health Office in partnership with the Philippine Obstetrical and Gynecological Society Southern Tagalog Chapter -Quezon (POGS-STC) will conduct a series of lectures on "Bida Ka Kabataang Quezonian (Lecture Series) 2025: Adolescent Health Issues and Perspectives (AHIP) on the 1<sup>st</sup> to 2<sup>nd</sup> week of July for face to face and 3<sup>rd</sup> week of July to August 2025 for online. Its goal is to provide awareness on certain issues like the physiologic changes in an adolescent's body, mental health awareness, menstruation, sexual behaviors, peer pressures, and the like.

In connection, we would like to respectfully ask for your support and assistance for the following:

- Identification of schools - 1 elementary and 1 secondary school from San Antonio and Lucban for face-to-face
- Selection of one hundred twenty (120) participants of students, teachers and parents per school

The presence of parents of students for this event is highly encouraged. For other concerns or inquiries, kindly contact Ms. Clarissa A. Palmiery at 09994050407 or email [gpho.familyhealth@gmail.com](mailto:gpho.familyhealth@gmail.com).

We look forward to your favorable response. Thank you very much.

Yours truly,

**KRISTIN MAE JEAN M. VILLASEÑOR, RMT, MD, MPM**  
Provincial Health Officer II



**Quezon Provincial Health Office**

2/F PHO-QMC Administration Building, QMC Compound, Quezon Avenue, Lucena City 4301  
E-mail: [quezon.pho@gmail.com](mailto:quezon.pho@gmail.com) Contact No. (042) 731-1534 / (042) 717-2070



### AHIP FACE TO FACE SCHEDULE

Municipality	School	Number of Participants	Date
<b>SAN ANTONIO</b>			
Elementary (Grade 4-6)		120	
High School (Grade 7-12)		120	
<b>LUCBAN</b>			
Elementary (Grade 4-6)		120	
High School (Grade 7-12)		120	

### AHIP ONLINE SCHEDULE

Municipality	School/s	Number of Participants	Date
<b>Elementary (Grade 4-6)</b>			
BATCH 1		100	
BATCH 2		100	
<b>High School (Grade 7-12)</b>			
BATCH 1		100	
BATCH 2		100	



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